

August newsletter

Calendar

August 14...Jr. Black belt test ...Kings Park Dojo

August 19 2010...Black belt test ...Kings Park Dojo ...6:30

August 21...Children's test ...all three dojo's

August 26...Adult test ...Kings Park Dojo

September 4, 5, 6...Labor Day weekend ...Dojo closed

September 8...Rosh Hashanah...Dojo Closed

September 17...Yom Kippur...Dojo closed

September 25...Jr. Black belt test ...Kings Park Dojo

October 11...Columbus Day ...Dojo closed

Hello:

I hope that this August newsletter finds you in good health and happy spirits. We had a terrific July and a HOT month too. We had an awesome summer camp with 56 students and 10 instructors. I am looking forward to our half day camp in August. We had a great Dan level test and I am looking forward to all of the great events in August. The Grand master Crosson seminar was totally awesome with plenty of energy and techniques all night.

Congratulations: to the following students on their promotion to the next level of training in Jiu Jitsu!

Carlo Chiarelli...Ni Dan

Michael Greco...San Dan

Mike Saltzman...San Dan

Howard Block...Yon Dan

Amanda Nastasi...Yon Dan

Jordan Levine ...Yon Dan

Nancy Deeg...Yon Dan

Adam Levine...Go Dan

A GREAT test and a GREAT night for the Nokado School of Self Defense

For your information

Sensei ...means teacher

Renshi...Means a person who has taken a student to the rank of Black belt

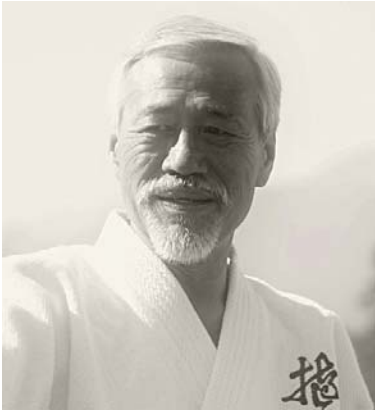
Shihan ...A teacher with honors

Soke ...Head of the system

The tea Room

The tea room is empty except for what is placed there to emphasize the esthetic mood of the moment. No sound, no color, no shape, no movement must disturb the subtle harmony. The materials are imperfect, the designs are asymmetrical, and something is always left incomplete. The guest becomes a vital part of the total atmosphere for his own imagination must bring it to a completion. The joy is the process through which the perfection is sought rather than the unattainable perfection itself
Aikido

And the harmony of nature



Mitsugi Saotome

Hashi wa nagarete: Kawa wa Nagarezu

“The bridge is a stream; the river is not a stream”

New location

I am happy to announce that the Northport Dojo has a brand new location at 220 Church Street in Northport New York. It is right behind Robkes restaurant and across from King Cullen shopping center. I am asking every one to park across the street in the King Kullen Shopping Center because the parking outside is limited. The training space is the exact same size as the old Dojo and I am really excited about the move.

Please tell everyone that you know about the new Dojo and lets get the energy in the new Dojo flowing. Look forward to the Grand opening in September.

Have a great month
Soke Olshlager