

NOKADO SCHOOL OF SELF DEFENSE - KINGS PARK DOJO 269-9408 www.nokado.com

July 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 4:15 PM Kids (w-y) 5:00 PM Kids (o-bl) 5:45 PM BBCL (o-bl) 6:30 PM Kids (br -bk) 7:30 PM Adults (br-blk) 8:30 PM Adults (w-bl)	2 4:15 PM Ltl Dragons 5:00 PM Kids (g-bk) 5:45 PM Kids (w-o) 6:30 PM YOGA	3 <div style="border: 1px solid black; padding: 5px; text-align: center;"> Happy July 4th Dojo Closed </div>
4 <div style="border: 1px solid black; padding: 5px; text-align: center;"> Happy July 4th Dojo Closed </div>	5 4:15 PM Kids (bl-blk) 5:00 PM Kids (w-y) 5:45 PM Kids (o-gr) 6:30 PM Adults	6 4:15 PM Kids (w-y) 5:00 PM Kids (o-bl) 5:45 PM Kids (br-blk) 6:30 PM Adults (w-y) 7:30 PM Adults (o-bk)	7 4:15 PM Kids (w-o) 5:00 PM Ltl Dragons 5:45 PM Kids (g-bk) 6:30 PM Adults 7:30 PM Teenagers	8 4:15 PM Kids (w-y) 5:00 PM Kids (o-bl) 5:45 PM BBCL (br-bk) 6:30 PM Kids (br-bk) 7:30 PM Adults (br-bk) 8:30 PM Adults (w-bl)	9 4:15 PM Ltl Dragons 5:00 PM Kids (g-bk) 5:45 PM Kids (w-o) 6:30 PM YOGA	10 9:00 AM Kids (w-o) 9:45 AM Kids (g-blk) 10:30 AM Adults (all)
11 9:30AM Kids(w-o) 10:15AM Kids(g-bk) 11 AM Adults	12 4:15 PM Kids (bl-blk) 5:00 PM Kids (w-y) 5:45 PM Kids (o-gr) 6:30 PM Adults	13 4:15 PM Kids (w-y) 5:00 PM Kids (o-bl) 5:45 PM Kids (br-blk) 6:30 PM Adults (w-y) 7:30 PM Adults (o-bk)	14 4:15 PM Kids (w-o) 5:00 PM Ltl Dragons 5:45 PM Kids (g-bk) 6:30 PM Adults 7:30 PM Teenagers	15 4:15 PM Kids (w-y) 5:00 PM Kids (o-bl) 5:45 PM BBCL (o-bl) 6:30 PM Kids (br -bk) 7:30 PM Adults (br-blk) 8:30 PM Adults (w-bl)	16 4:15 PM Ltl Dragons 5:00 PM Kids (g-bk) 5:45 PM Kids (w-o) 6:30 PM YOGA	17 9:00 AM Kids (w-o) 9:45 AM Kids (g-blk) 10:30 AM Adults (all) <div style="border: 1px solid black; padding: 5px; text-align: center;"> BBCL Makeup Class 12 Noon </div>
18 9:30AM Kids(w-o) 10:15AM Kids(g-bk) 11 AM Adults	19 4:15 PM Kids (bl-blk) 5:00 PM Kids (w-y) 5:45 PM Kids (o-gr) 6:30 PM Adults	20 4:15 PM Kids (w-y) 5:00 PM Kids (o-bl) 5:45 PM Kids (br-blk) 6:30 PM Adults (w-y) 7:30 PM Adults (o-bk)	21 4:15 PM Kids (w-o) 5:00 PM Ltl Dragons 5:45 PM Kids (g-bk) 6:30 PM Adults 7:30 PM Teenagers	22 4:15 PM Kids (w-y) 5:00 PM Kids (o-bl) 5:45 PM BBCL (br-bk) 6:30 PM Kids (br-bk) 7:30 PM Adults (br-bk) 8:30 PM Adults (w-bl)	23 4:15 PM Ltl Dragons 5:00 PM Kids (g-bk) 5:45 PM Kids (w-o) 6:30 PM YOGA	24 9:00 AM Kids (w-o) 9:45 AM Kids (g-blk) 10:30 AM Adults (all)
25 9:30AM Kids(w-o) 10:15AM Kids(g-bk) 11 AM Adults	26 4:15 PM Kids (bl-blk) 5:00 PM Kids (w-y) 5:45 PM Kids (o-gr) 6:30 PM Adults	27 4:15 PM Kids (w-y) 5:00 PM Kids (o-bl) 5:45 PM Kids (br-blk) 6:30 PM Adults (w-y) 7:30 PM Adults (o-bk)	<div style="border: 1px solid black; padding: 5px; text-align: center;"> Grand Master Crosson Seminar Kids 5 to 6:30 PM Adults 7 to 9 PM Commack Dojo </div>	29 4:15 PM Kids (w-g) 5:00 PM Kids (bl-bk) <div style="border: 1px solid black; padding: 5px; text-align: center;"> Adult Dan Level Test 6:30 PM Commack Dojo </div>	30 4:15 PM Ltl Dragons 5:00 PM Kids (g-bk) 5:45 PM Kids (w-o) 6:30 PM YOGA	31 <div style="border: 1px solid black; padding: 5px; text-align: center;"> Free Children's Seminar and Benefit Car Wash 9 AM Commack Dojo </div>